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1. The river crossing at NY195 074 (300m above sea lev-

el.) When in spate this beck can be very difficult to

cross. You may be able to cross higher up as the flow allows but this still will be difficult and potentially hazardous. Also be aware that you may be able to get across going up, but if the rain is particularly bad, the beck may be impassable on the way back down. Please follow the stone pitched path following the beck up and not the route on the nose of Brown Tongue as this is vulnerable to erosion.



2. There's a split in the path at NY201 072 (504m above sea level) with the right hand turn heading to Mickle-

dore col and the left to Hollowstones. This is very easy to miss if you've got your head down and especially at night. Remember to turn right! If you do miss it and continue on towards Hollowstones, you can still access the Summit of Scafell Pike. The path continues to be clear for 150m or



so and then enters a more open grass area. Taking a bearing of 115 will lead you to a large cairn at the bottom of the stone pitched route heading up towards Mickledore col.

3. This 400m section of path was completed in 2011 at a cost of £70,000 and a lot of sweat and tears! If you look to your left you can

just make out the 10m wide 350m long erosion scar that was repaired and is greening up nicely. Please keep to the pitched path and not to the edges to avoid creating another scar, thank you. The steps eventually stop and a gravel path leads you up towards the col.

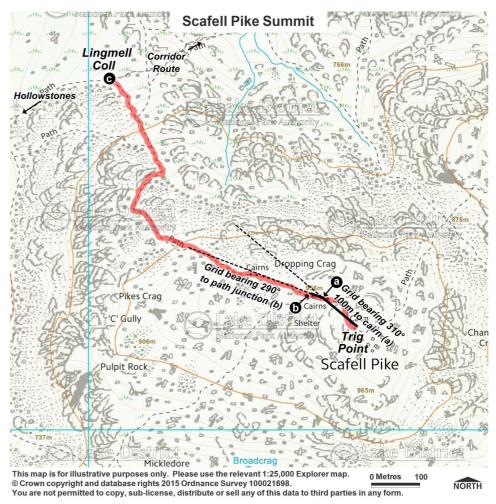
> Lake District National Park



4. The final ascent of Mickledore involves a steep scramble over loose eroded ground for about 80m or so; it isn't recommended for large groups as the ground is very fragile and the final ascent contains loose rock which can be dislodged easily. When you reach the col at NY210 069 (826m above sea level) turn left past the stretcher box and follow the cairned route towards Scafell Pike summit. Please do not turn right as this leads you to the start of the scramble on Broad Stand up to Scafell (a different summit and not part of the three peaks!) Broad Stand is extremely hazardous without ropes and is a Wasdale Mountain Rescue Team accident blackspot. Please visit wmrt.org.uk/advice for more information.

The final part of the route follows a **cairned line through the boulder field for about 740m.** At times the path is hard to follow so you will need to be careful. Although there are cairns marking out the route, please be aware that people do build these for fun and sometimes they may not lead you in the direction you wanted to go. Please help us by not building any more or adding to the existing ones, thank you.





5. In poor visibility to descend to Lingmell col and return to Wasdale via Hollowstones, take a bearing of 310° from the trig point and walk for 100m to a cairn at point a. Then take a further bearing of 290° and follow the cairns in this direction (N.B. the path veers off this bearing after about 60m at point b.) When you descend to the path junction (point c) be particularly careful to take a left to avoid Piers Gill, an accident black spot. Visit wmrt.org.uk/advice for more info.

Lake District