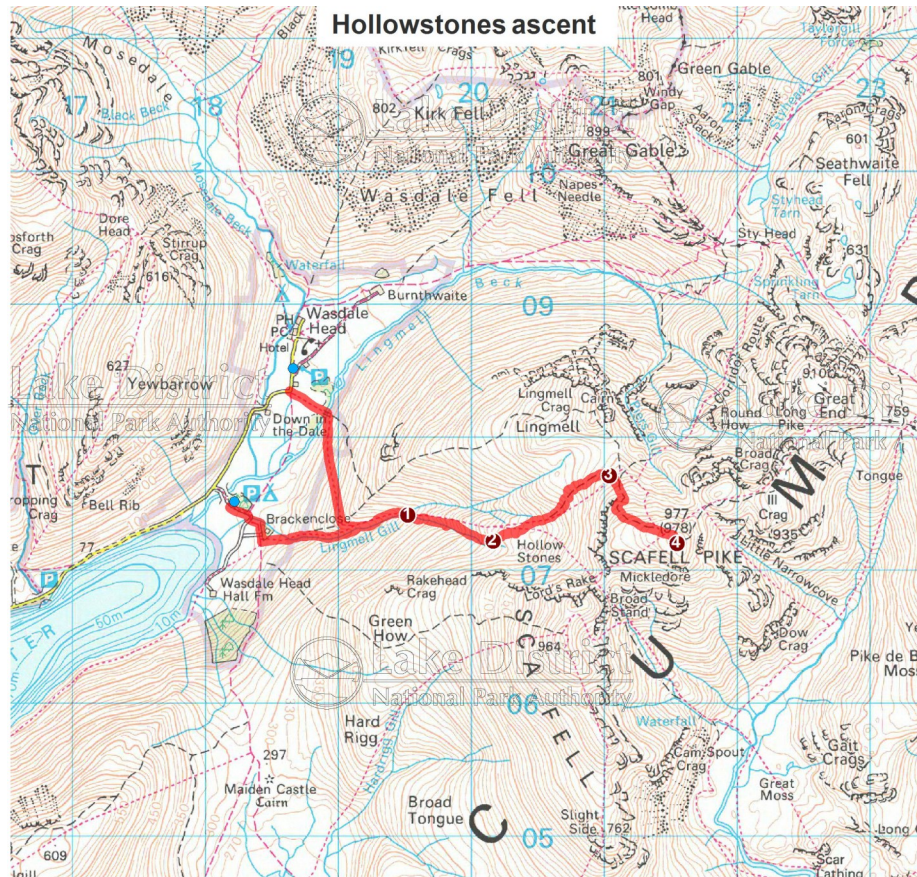


# SCAFELL PIKE—HOLLOWSTONES



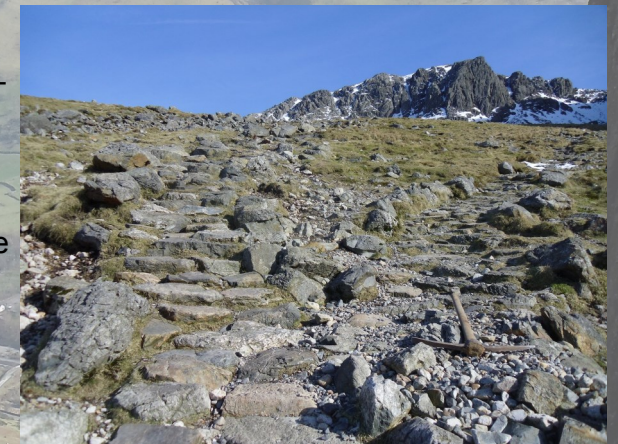
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**1. The river crossing at NY195 074 (300m above sea level.) When in spate this beck can be very difficult to cross.** You may be able to cross higher up as the flow allows but this still will be difficult and potentially hazardous. Also be aware that you may be able to get across going up, but if the rain is particularly bad, the beck may be impassable on the way back down. Please follow the stone pitched path following the beck up and not the route on the nose of Brown Tongue as this is vulnerable to erosion.

**The beck crossing at Lingmell Gill**



**2. There's a split in the path at NY201 072 (504m above sea level) with the right hand turn heading to Mickledore col and the left to Hollowstones.** This is very easy to miss, especially at night. Remember to turn left! If you do miss it and continue on towards Mickledore, you can still access Scafell Pike summit but this is a more challenging route. Once you have turned left the path meanders through the rocky boulder field called Hollowstones until eventually leading you to a zig-zag path; this takes you up to the final path junction at Lingmell col. Please could you avoid cutting the corners on the zig-zag route. Thank you.





**3. At Lingmell col there is a junction in the path at NY210 076 (777m above sea level.) You need to follow the wider, more obvious, rocky route that ascends to**

**your right.** From this point onwards the path becomes much more informal and stone scattered as it climbs towards the summit.

There are some large stone cairns that shadow the path but beware, people sometimes build extra cairns for fun and these may not lead you in the right direction! Eventually you will reach the large summit cairn at the top of Scafell Pike.



**4. The summit plateau of Scafell Pike can be challenging, especially in the mist, rain and wind that is the usual weather for here! In poor visibility to descend to Lingmell col and retrace your steps, take a bearing of 310° from the trig point and walk for 100m to a cairn at point a. Then take a further bearing of 290° and follow the cairns in this direction (N.B. the path veers off this bearing after about 60m at point b.) When you descend to the path junction (point c) be particularly careful to take a left; it is easy to miss this turn and if you carry on by accident you may end up on steep rough ground above Piers Gill. Piers Gill is a Wasdale Mountain Rescue Team accident black spot visit [wmrt.org.uk/advice](http://wmrt.org.uk/advice) for more info.**

